

Introduction to **Buddhism Course**

July 2023 (25th Intake)

- * How much do you know about Buddhism?
- * Are you a knowledgeable Buddhist?
- * What is the essence of Buddhism?
- * Do you know how to practise Buddhism?

Course Details:

Course Date : 12th July to 20th Sept 2023 (10 weeks)

Frequency : Every Wednesday 7.30pm to 9.30pm

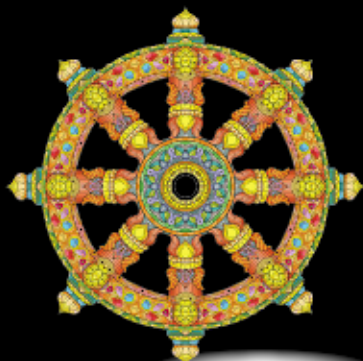
Venue : Mangala Vihara Buddhist Temple
30 Jalan Eunus, S'pore 419495 (Opposite Eunus MRT)

Course Fees : By donation

Email : Intro2buddhismbpca@gmail.com

Tel : Sis. Lynn @ 8288 9888

Instructors : By experienced Dhamma Teachers



Topics are covered in plain and simple language and include:

The Freedom of Inquiry in Buddhism, the Life of the Buddha, the 3 Characteristics of Existence, the 4 Noble Truths and the Noble 8 Fold Path, Rebirth and Kamma, the Buddhist Texts, How to Practise Buddhism, the Different Buddhist Traditions, the Meaning of Common Buddhist Rituals and Chanting, Buddhist Meditation.

Organized by the Buddhist & Pali College of Singapore

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